






## VIC (VICTORIA)

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
<b>Bellarine</b>	<b>Che Vincent</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	mandalawellbeing@gmail.com  <b>0417 007 243</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Bellarine Peninsula Western Suburbs of Melbourne</b>  	<b>Janne Louise Czerny</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	healinghandsholistichealth@hotmail.com  <b>0422 436 093</b>  www.bellarineholistichealth.com  Facebook: Healing Hands Holistic Health & Wellness  Certificate in the Management of Pain and Healing  Certificate in Meditation for Weight Management	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling  AromaTouch Treatments  Reiki Practitioner (Masters Level)  Certificate in Animal Reiki




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<b>Benalla</b>  	<b>Serenity Life Coaching &amp; Holistic Living</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	serenitycoaching01@gmail.com  <b>0419 503 549</b>  www.serenitylifecoachingholisticliving.com  Diploma in Life Coach  Chair Yoga Instructor	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Bendigo</b>	<b>Kym Hart</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	kymhart81@gmail.com	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Chelsea</b>	<b>Joanne Gallagher</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	jo-kloe@hotmail.com  <b>0406 972 747</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Chiltern North-East, Victoria 	<b>Donna L Allen</b>  <b>Holistic Awakening</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	dlallen401@bigpond.com  <b>03 5726 1631</b>  Certificate in Brain Body Medicine  Diploma of Bach Flower Remedies	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling  NLP Practitioner  Hypnotist  doTERRA AromaTouch Therapist
Cobram/Taylors Hill	<b>Laura Sykes</b>  <b>Alnatural</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	laura.sykes@alnatural.net.au  <b>0438 831 748</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling



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Cockatoo	<p><b>Maree Goodman</b></p> <p><b>Essential Balance Bodywork</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>essentialbalancebodywork@hotmail.com</p> <p><b>0438 867 590</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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<p>Cockatoo and Monbulk</p> 	<p><b>Carina Hillmann</b></p> <p><b>Holistic Development &amp; Wellbeing</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@holisticdevelopmentwellbeing.com</p> <p><b>0415 600 529</b></p> <p>www.holisticdevelopment.com.au</p> <p>Facebook: Holistic Development &amp; Wellbeing</p> <p>Registered Social Worker</p>	<p>Social Work</p> <p>Holistic Counselling</p> <p>Practitioner Supervision and Reflective practice</p> <p>Meditation Therapist</p> <p>Chair Yoga Instructor</p> <p>Professional Development workshops</p> <p>Personal well-being and self-development workshops</p> <p>On-site visits and Group bookings</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Drysdale	<p><b>Melissa Kelly</b></p> <p><b>Heart Rise Healing</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>kelly699@aapt.net.au</p> <p><b>0408 334 142</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Essendon	<p><b>Lorraine Isola</b></p> <p><b>Welcoming Wellness</b></p> <p>IMTTA Diploma in Meditation Therapy and Holistic Counselling</p>	<p>welcomingwellness.li@gmail.com</p> <p><b>0408 516 778</b></p> <p>www.welcomingwellness.com.au</p> <p>Certificate in Autonomic Nervous System Realignment Therapy</p> <p>Certificate in Brain Body Medicine</p> <p>Certificate in Meditation for the Management of Anxiety and Depression</p> <p>Certificate in Weight Management Meditation</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Reiki Practitioner-Level 2</p>



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Fitzroy, Melbourne	<p><b>Jessica Verduci</b></p> <p><b>Gertrude Shiatsu &amp; Oriental Therapies</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>jessica@gertrudeshiatsu.com</p> <p><b>0412 238 690</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Frankston	<p><b>Healy's Natural Therapies</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>thesunshinegirl75@gmail.com</p> <p><b>0447 488 708</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Geelong	<p><b>Ascending Wings Holistic Practitioner</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>susanneb88@gmail.com</p> <p><b>0428 099 997</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Geelong	<b>Ashley Steele</b>  IMTTA Diploma in Meditation Therapy and Holistic Counselling	info@ashsteele.com.au  <b>0411 331 311</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Geelong	<b>Yasmin Eaton</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	yasmin@yasmineaton.com  <b>0447 465 093</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Gordon	<b>Fiona Williams</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	bowenfiona@bigpond.com  <b>0419 885 860</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling





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Grampians, Victoria	<p><b>Julie Wilson</b></p> <p>Turn on Success</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>turnonsuccess@gmail.com</p> <p><b>0419 396 386</b></p> <p>Certificate in Corporate Stress Management</p> <p>Certificate in Trigger Point Therapy</p> <p>Certificate in Sound Healing and Vibrational Therapy</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Qualified Massage Therapist</p>
Hampton, Vic, 3188	<p><b>Rhonda Pincott</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>rhondapincott2014@hotmail.com</p> <p><b>+61 408 300 665</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Maribyrnong	<p><b>Anna Pedis</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>anna.pedis@gmail.com</p> <p><b>0409 403 462</b></p> <p>www.annapedis.com</p> <p><a href="https://www.facebook.com/apmindbodywellness/">https://www.facebook.com/apmindbodywellness/</a></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Melbourne	<b>Alison Werner</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	alison.werner@bigpond.com  <b>0418 383 340</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Melbourne	<b>Ashley Steele</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	ashleykatesteele@me.com  <b>0411 331 311</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Melbourne	<b>Dilek Seri</b>  <b>Checking In</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	info@yoga4life.com.au  <b>0488 213 339</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Melbourne	<b>Jemma Newcombe</b>  <b>Three Clouds Yoga</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	jemma@threecloudsyoga.com  <b>0404 452 031</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling  Brain Body Medicine  Yoga Teaching




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Melbourne	<p><b>Kate Jackson</b></p> <p><b>Holistic Health</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>kjackson5@gmail.com</p> <p><b>0484 546 948</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Melbourne	<p><b>Mamta Champaneri</b></p> <p><b>MyOm Services</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>bmc3046@yahoo.com.au</p> <p><b>+61 413 309 667</b></p> <p>Diploma of community services (case management)</p> <p>Assist-applied suicide intervention skills training</p> <p>Certificate in Body Based Therapies Training</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Panda telephone support worker</p>



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<p><b>Melbourne</b></p> 	<p><b>Michelle Falzon</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>michfal83@gmail.com</p> <p><b>0413 787 117</b></p> <p>Certificate in Autonomic Nervous System Realignment Therapy</p> <p>Certificate in Brain-Body Medicine</p> <p>Certificate in Meditation for Pain Management and Healing</p> <p>Certificate in Advanced Holistic Counselling</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Prenatal Meditation Instructor</p> <p>Meditation for Weight Management Instructor</p> <p>Workplace Stress Management Facilitator</p> <p>Holistic Grief &amp; Loss Counsellor</p> <p>Holistic Trauma &amp; Abuse Counsellor</p>



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Melbourne & Bellarine Peninsula	<p><b>Andrea Huggins</b></p> <p><b>The Holistic Healing Hub</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@theholistichealinghub.com.au</p> <p><b>0410 497 587</b></p> <p>www.theholistichealinghub.com.au</p> <p>Postgraduate Certificate in Advanced Holistic Counselling</p> <p>Postgraduate Certificate in Meditation for Chronic Pain &amp; Healing</p> <p>Postgraduate Certificate in Body Brain Medicine</p> <p>Postgraduate Certificate in Autonomic Nervous System Realignment Program (ANSR)</p> <p>Diploma in Meditation Therapy and Holistic Counselling</p>	<p>Meditation Teacher</p> <p>Reiki Practitioner</p> <p>Holistic Counsellor</p> <p>Chair Yoga Instructor</p>
Melbourne South East	<p><b>The Emerald Vision</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>emeraldvision@optusnet.com.au</p> <p><b>0412 310 407</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>

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<p><b>Melbourne, Victoria</b></p> 	<p><b>Samantha Lowden</b></p> <p><b>Shining Light Counselling</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>samantha@shininglightcounselling.com</p> <p><b>0424 658 372</b></p> <p>www.shininglightcounselling.com</p> <p>Facebook: <a href="https://www.facebook.com/Shining-Light-Counselling-536113166522604/">https://www.facebook.com/Shining-Light-Counselling-536113166522604/</a></p> <p>PGrad IMTTA Cert. Meditation for Children</p> <p>PGrad IMTTA Cert. Meditation for the Management of Pain and Healing</p> <p>PGrad IMTTA Cert. Brain Body Medicine</p> <p>PGrad IMTTA Cert. Autonomic Nervous System Realignment Therapy</p> <p>PGrad IMTTA Cert. Corporate Stress Management</p> <p>PGrad IMTTA Cert. Meditation for the Management of Depression and Anxiety</p> <p>IMTTA Cert. Chair Yoga Instruction</p> <p>BA Psych (Hons)</p> <p>BA (PsychCnslg)</p> <p>Cert. Counselling Skills Trained in Psychology</p> <p>Careline (Telephone) Training</p> <p>Telephone Counselling Training</p>	<p>General Counselling</p> <p>Grief Counselling</p> <p>Holistic Counselling</p> <p>Spiritual Counselling</p> <p>Telephone CareLine Counselling</p> <p>Mental Health First Aid safeTALK: Suicide Alertness for Everyone</p> <p>ASIST: Applied Suicide Intervention Skills</p> <p>Meditation Teaching and Therapy</p> <p>Stress Management</p> <p>Chair Yoga</p>



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Mount Waverley Glen Waverley	<b>Premah Ramakrishnan</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	Premah27@gmail.com  <b>0412 037 435</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Pakenham	<b>Jenelle Tartaro</b>  <b>Infinite Serenity -Holistic Health and Wellbeing</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	jenelle_tartaro@mail.com  <b>0400 963 559</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Patterson Lakes	<b>Shelly Biemans</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	shellybanksbiemans@yahoo.com.au  <b>0407 090 131</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling


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<b>St Leonards Victoria</b>  	<b>The Soul-Full Mind</b>  IMTTA Diploma in Meditation Therapy and Holistic Counselling	thesoulfullmind@gmail.com  <b>0400 585 016</b>  Postgraduate Certificate in Meditation for Pain Management and Healing  Certificate in Brain Body Medicine  Certificate in Holistic Integrated Expressive Art Therapy  Certificate in Holistic Trauma and Abuse Counselling  Certificate in Chair Yoga Instruction  Certificate in Advanced Holistic Counselling	Holistic Counselling  Wellness Coaching  Life Coaching  Anxiety Management  Stress Management  Meditation Classes  Workshops  Energy Healings
<b>Upwey</b>	<b>Aemon De Britt</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	aemond@live.com.au  <b>0405 663 724</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Victoria</b>	<b>Lyndsay Wright</b>  <b>Happily Me</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	lyndsay@inner-voyage.com  www.happily-me.com	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling





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Victoria	<b>Valence Williams</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	valence_gamblersrun@hotmail.com  <b>0410 606 460</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
West and North-West Melbourne	<b>Jennifer Pizzicara</b>  IMTTA Diploma in Meditation Therapy and Holistic Counselling	jenniferpizzicara@inner-voyage.com  <b>0418 540 580</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Wimmera  	<b>Sue Winfield</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	susanwinfield@inner-voyage.com  <b>0428 517 781</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
Wodonga	<b>Tracey Schreiber</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	traceyschreiber@outlook.com  <b>0420 857 018</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling



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Yarra Ranges	<p><b>Sophie Buffey</b></p> <p><b>Mindful Flow</b></p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>soph.bf@hotmail.com</p> <p><b>0423 162 913</b></p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>