



# SA (SOUTH AUSTRALIA)

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Barossa Valley	<b>Patricia Mason</b>	pbohemian_40@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0400 118 337</b>	Chair Yoga Instructor Holistic Counselling
Bordertown	<b>Valary Elliott</b>	valary@limestonecoasthealthyminds.com.au	Meditation Teacher
	<b>Limestone Coast Healthy Minds</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0484 241 282</b>	Chair Yoga Instructor  Holistic Counselling
Coffin Bay	<b>Julianne Olds</b>	julesolds7@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>08 8685 5095</b>  IMTTA Diploma in Meditation and Holistic Counselling  Cert. Chair Yoga Instructor  Reiki  Fitness Coach (Cert 4 Fitness)	Chair Yoga Instructor  Holistic Counselling





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Cummins	<b>Annie Maughan</b>	ka.maughan@bigpond.com	Meditation Teacher
	<b>Find Within</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development  IMTTA Diploma in Meditation Therapy and Holistic Counselling	<b>0428 892 904</b>	Chair Yoga Instructor  Holistic Counselling
Elliston	<b>Tracy Sampson</b>	tracy.zensational.life@gmail.com	Meditation Teacher
	<b>Zensational Life</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0427 802 657</b>	Chair Yoga Instructor  Holistic Counselling
Glenelg, Adelaide	<b>Vijaya Kumar Settipalli</b>	settipalli.vijay@gmail.com	Meditation Teacher
	<b>Yogic Aspirations</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0402 015 141</b>	Chair Yoga Instructor  Holistic Counselling
Greenock	<b>Cynthia Helbig</b>	cynthia@empoweredheart.com.au	Meditation Teacher
	<b>Empowered Heart</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0409 908 235</b>	Chair Yoga Instructor  Holistic Counselling







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<b>Hallet Cove</b> <b>The Sanctuary,</b> 	<b>Jessica Loudon</b>  <b>Your Life Progress</b> <b>Life Coaching</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	yourlifeproggress@live.com  <b>0417 871 289</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling  Holistic Human Development Therapist  Life Coach  Mental Health Practitioner
<b>Largs Bay</b> 	<b>Kylie Sparrow</b>  <b>Harmony Healing &amp;</b> <b>Counselling</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	kylie@harmonyhealingcounselling.com.au  <b>0422 257 407</b>  Angel Energy Healing Certificate	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling  Reiki Therapist
<b>O'Halloran Hill</b> <b>111 Main South Road,</b>	<b>Jacqueline Tazzar</b>  <b>Yogashak</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	yogashak@hotmail.com  <b>0400 313 997</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling



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Seacliff Park	<b>Bev Coghlan</b>	bevcogs@gmail.com	Meditation Teacher
	<b>Beauty Cosmos</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0405 769 151</b>  Diploma of Counselling (AIPC)	Meditation Teacher  Holistic Counselling  Reiki Master of Usui  Shiki Ryoho of Natural Healing
Smithfield	<b>Debra Watson</b>	bilby3@hotmail.com	Meditation Teacher
	<b>Salt Healing Health and Wellbeing Centre</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>08 8254 2978</b>  www.salthealing.com.au  Shop 4 / 2 Anderson Walk, Smithfield SA 5114	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling