



NEW SOUTH WALES

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
1 Kynwoor Road, Naradhan	Fiona Hart IMTTA Certificate in Meditation Teaching and Holistic Human Development	kynwoor@gmail.com 0427 969 842 Certificate in Meditation Teaching and Holistic Counselling	Meditation Teacher Chair Yoga Instructor Holistic Counselling
2099	Trudy Biernat IMTTA Certificate in Meditation Teaching and Holistic Human Development	trudy.eleven@gmail.com 0407 771 987	Meditation Teacher Chair Yoga Instructor Holistic Counselling
38 Croobyar Rd Milton	Romani Healing IMTTA Certificate in Meditation Teaching and Holistic Human Development	sarabethsheriff2013@gmail.com 0406 311 789	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Albion Park	Inside Out Holistic Health IMTTA Certificate in Meditation Teaching and Holistic Human Development	insideoutholistichealth@outlook.com 0400 047 725	Meditation Teacher Chair Yoga Instructor Holistic Counselling




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Albury NSW 2640	Trutality Empowerment IMTTA Certificate in Meditation Teaching and Holistic Human Development	trutalityempowerment@gmail.com 0410 001 671	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Ambarvale	Alpha Body Connections IMTTA Certificate in Meditation Teaching and Holistic Human Development	alphabodyconnections@live.com 0423 098 903 Alpha Body Connections 21 Throsby Way Ambarvale 2560 NSW	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Armidale, New England, NSW	Mrs Violet Atkinson IMTTA Certificate in Meditation Teaching and Holistic Human Development	maudie_atkinson@hotmail.com 0420 778 774	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Batemans Bay	Heart 2 Heart Healing IMTTA Certificate in Meditation Teaching and Holistic Human Development	shimmering_blue@hotmail.com 0415 158 720	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Blue Mountains	<p>Being, Breath and Body Meditation</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>kerryvee@hotmail.com</p> <p>0410 557 086</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Bradbury	<p>Transpired Mind - Wellness Clinic</p> <p>Leonie Phillips</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>transpiredmind@gmail.com</p> <p>0414 244 616</p> <p>Diploma Clinical Hypnotherapy</p> <p>Diploma NLP Practitioner</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Angelic Reiki Master Teacher</p>
Campbelltown	<p>Ashley Karstunen</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>ashleykarstunen@hotmail.com</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>




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Campbelltown NSW	Grace and Harmony IMTTA Certificate in Meditation Teaching and Holistic Human Development	graceandharmony2@outlook.com 0409 594 521	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Campbelltown	Helen Grdic IMTTA Certificate in Meditation Teaching and Holistic Human Development	helen.grdic@gmail.com 0404 827 026	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Campbelltown	Illuminate Meditation IMTTA Certificate in Meditation Teaching and Holistic Human Development	illuminate.meditation@gmail.com 0416 006 142	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Campbelltown	<p>The Meditation Space</p> <p>Susanne Jones</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>meditation@exemail.com.au</p> <p>+61 410 453 725</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Castle Hill	<p>Melanie Ferguson</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>teacher.melanieferguson@gmail.com</p> <p>0481 460 663</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Casuarina	<p>Find the Peace Within</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>findthepeacewithin@gmail.com</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Pre-natal Blissful Birthing courses and workshops</p>




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Charlestown	<p>Meraki</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>merakimindfulnessliving8@gmail.com</p> <p>0407 236 504</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Coffs Harbour NSW	<p>Holistic Counselling Services</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>holisticcounselling@hotmail.com</p> <p>0403 153 493</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Cronulla	Robyn Parkes	robyparkes@hotmail.com	Certified Holistic Human Development & Meditation Teacher Certified Holistic Counselling Diploma Remedial Massage & Sports Therapies Weight Management Meditation Brain Body Medicine Meditation for management of Anxiety & Depression Meditation for Healing & Management of Chronic Pain
	@ Biomechanics Healthcare IMTTA Diploma in Meditation Therapy and Holistic Counselling	(02) 9527 3322 www.robyparkes.ntpages.com.au Certificate in Meditation for Children Certificate in Meditation for the Management of Depression and Anxiety Certificate in Meditation for the Management of Pain and Healing Certificate in Meditation for Weight Management Certificate in Autonomic Nervous System Realignment Therapy	
			
Dee Why	Dawn Whitten	dawnart1970@hotmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0413 619 420	



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Doonside/Oakdale NSW	<p>Inner Peace Mindfulness College</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@innerpeacemindfulnesscollege.com</p> <p>0425 254 610</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Goulburn	<p>Connie Morgan Wellbeing for Life</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>conlor@aapt.net.au</p> <p>0431 839 669</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Hazelbrook	<p>Mountain Cottage Counselling and Wellbeing Service</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>mountaincottagecounselling@gmail.com</p> <p>02 4758 9220</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Horsfield Bay	<p>Lesley Walshaw</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>lesleywalshaw1@gmail.com</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>





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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Huskisson	<p>Connected Holistic Healing Therapies</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>hello@connectedholistic.com</p> <p>0431 147 450</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Illawarra	<p>WISE HEART Holistic Practice & Mentorship</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>wiseheartholisticpractice@gmail.com</p> <p>0413 845 416</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
<p>Illawarra Region</p>	<p>Little Masterminds (Meditation for Children)</p> <p>IMTTA Advanced Diploma in Meditation Therapy & Holistic Counselling</p>  <p>Little Masterminds</p>	<p>amy@littlemasterminds.com.au</p> <p>0499 550 780</p> <p>www.littlemasterminds.com.au</p> <p>Postgraduate Certificates in:</p> <p>Meditation for Children</p> <p>Prenatal Meditation</p> <p>Meditation for the Management of Depression & Anxiety</p> <p>Meditation for Management of Chronic Pain & Healing</p> <p>Meditation for Women in Transition and Women's Mid-Life Health & Wellbeing</p> <p>Meditation for Weight Management</p> <p>Autonomic Nervous System Realignment Therapy</p> <p>Brain Body Medicine</p> <p>Certificate in Chair Yoga Instruction</p> 	<p>Meditation Teacher Chair Yoga Instructor Holistic Counselling</p>




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Inverell	Relax Laugh & Heal	gina.divineguidance@gmail.com	Meditation Teacher
	Gina Higgins IMTTA Certificate in Meditation Teaching and Holistic Human Development	0457 574 099	Chair Yoga Instructor Holistic Counselling
Jerrabomberra	Virginia Coster IMTTA Certificate in Meditation Teaching and Holistic Human Development	virginia.coster1@gmail.com 0429 902 427	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Lane Cove, Sydney	<p>The Holistic Tree</p> <p>Raj Patel</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@theholisticree.org</p> <p>0431 256 715</p> <p>www.theholisticree.org</p> <p>BSc (Biochemistry & Chemistry) – Salford University, UK</p> <p>Diploma – Business Operations – AIM, Sydney</p> <p>Cert IV – Training & Development, Sydney</p> <p>Diploma in Counselling (Health Services) – Sydney University</p> <p>Certificates – Reiki I & II</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Reiki</p>
Macarthur	<p>Lindell Richards</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>graceandharmony2@outlook.com</p> <p>0418 401 091</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Mid North Coast	Natalie Taylor IMTTA Certificate in Meditation Teaching and Holistic Human Development	nataliejwriter@gmail.com 0428 202 267	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Mid North Coast NSW	Sally Turnbull IMTTA Certificate in Meditation Teaching and Holistic Human Development	upsized.MindCapacity@gmail.com 0427 343 890	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Narellan Vale	Erin Bailey IMTTA Certificate in Meditation Teaching and Holistic Human Development	solutions@erin-bailey.com 02 4648 3883	Meditation Teacher Chair Yoga Instructor Holistic Counselling
New South Wales	Danielle Perry IMTTA Diploma in Meditation Teaching and Holistic Human Development	daniperry72@hotmail.com 0457 679 654	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
New South Wales	Gabriella Selin IMTTA Certificate in Meditation Teaching and Holistic Human Development	bella@soft.nu 0450 029 463	Meditation Teacher Chair Yoga Instructor Holistic Counselling
New South Wales	Valentina Buscemi IMTTA Certificate in Meditation Teaching and Holistic Human Development	valentina.buscemi84@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Newcastle, Lake Macquarie and surrounding areas	Positive Perceptions Stacey Gardiner IMTTA Certificate in Meditation Teaching and Holistic Human Development	positiveperceptions@icloud.com 0421 137 740 	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Newcastle/Lake Macquarie NSW	Melle Mathiske IMTTA Certificate in Meditation Teaching and Holistic Human Development	melmathiske@gmail.com 0414 996 879	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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North Bondi	Inner Harmony IMTTA Certificate in Meditation Teaching and Holistic Human Development	carole_hammerschmidt@yahoo.com 0411 756 670	Meditation Teacher Chair Yoga Instructor Holistic Counselling
NSW Mid-North Coast	Kris Simeon IMTTA Certificate in Meditation Teaching and Holistic Human Development	kristine.simeon@bigpond.com 0417 688 823	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Penrith	Flower of Love Healing IMTTA Certificate in Meditation Teaching and Holistic Human Development	floweroflovehealing@gmail.com 0415 285 235	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Port Macquarie	Anthony J Abi-Saab IMTTA Certificate in Meditation Teaching and Holistic Human Development	saabind@la.com.au 0417 851 612	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Sanctuary Point	<p>Meditation & Holistic Health Training College</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@meditationandholistichealth</p> <p>0419 237 543</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Shellharbour	<p>Shellharbour Holistic Counselling and Therapies</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>shellharbourholistic@mail.com</p> <p>0423 260 628</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Shoalhaven Area	<p>Karen Woods</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>karenwds@shoal.net.au</p> <p>0429 644 939</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
South Coast, NSW, Australia	<p>Samari Holistic Wellbeing</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>927bram@gmail.com</p> <p>0412 929 696</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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South Western Sydney	Marlies van Dijck	marliesvandijck1964@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0418 650 790	Chair Yoga Instructor Holistic Counselling
Southern Highlands and Sydney	WILD SOUL WARRIOR	wild.soul.warrior@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0401 259 563	Chair Yoga Instructor Holistic Counselling
Sutherland Shire	Kim Byron	kim-byron@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor
	IMTTA Diploma in Meditation Therapy and Holistic Counselling		Holistic Counselling
Sutherland Shire	Life Balancing Clinic	andjelict@me.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0419 437 044 Chair Yoga Instructor	Chair Yoga Instructor Holistic Counselling




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Sydney	Carla Bryan IMTTA Certificate in Meditation Teaching and Holistic Human Development	carla_bryan@hotmail.com 0434 016 510	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	i.BeyondBliss Holistic Wellness IMTTA Certificate in Meditation Teaching and Holistic Human Development	i.beyondbliss@gmail.com 0452 600 633	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	Ms Suzanne Price IMTTA Certificate in Meditation Teaching and Holistic Human Development	suzpriceyogi@gmail.com 0414 313 931	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	Purple Earth Circle IMTTA Certificate in Meditation Teaching and Holistic Human Development	purpleearthcircle@gmail.com 0439 480 636	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Sydney	<p>Sam Petrou</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@sampetrou.com.au</p> <p>0488 144 166</p> <p>www.sampetrou.com.au</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Sydney	<p>The Heartspace Connect</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@theheartspaceconnect.com</p> <p>0401 606 731</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Sydney, New South Wales	<p>Words & Wellbeing</p> <p>Katherine Pinczuk</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>katherine.pinczuk@gmail.com</p> <p>0418 207 220</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Sydney, Australia	<p>Virginia Rudenno</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>virginia@masteringyourself.com.au</p> <p>+61 402 056 036</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Sydney, NSW	<p>Valissa Bentley</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>valissabentley@gmail.com</p> <p>0424 445 256</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Tamworth	<p>Wendy Welzel</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>wendee.wellbeing@gmail.com</p> <p>0407 602 625</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Wagga Wagga	<p>Anavah Mindfulness and Meditation</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>anavah.mindfulness@gmail.com</p> <p>0420 282 695</p> <p>Certificate in Meditation Teaching and Holistic Counselling</p> <p>Chair Yoga Instructor</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Wagga Wagga	Rachael Greenway IMTTA Certificate in Meditation Teaching and Holistic Human Development	rachaelgreenway1@gmail.com 0424 824 890	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Yamba and surrounds	Colleen Bylos IMTTA Certificate in Meditation Teaching and Holistic Human Development	cbylos@hotmail.com 0429 454 342 Certificate in Teaching Meditation for Children Certificate IV in Business Bachelor of Social Welfare Certificate in Natural Health	Meditation Teacher Chair Yoga Instructor Holistic Counselling Flower Therapy Healer Sekhem Practitioner Level I Heal Your Life Workshop Leader