




# NEW SOUTH WALES

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
<b>Armidale, New England, NSW</b>	<b>Mrs Violet Atkinson</b>	maudie_atkinson@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0420 778 774</b>	Chair Yoga Instructor Holistic Counselling
<b>Blue Mountains</b>	<b>Being, Breath and Body Meditation</b>	kerryvee@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0410 557 086	Chair Yoga Instructor Holistic Counselling
<b>Bradbury</b>	<b>Leonie Phillips</b>	transpiredmind@gmail.com	Meditation Teacher
	<b>Transpired Mind - Wellness Clinic</b>	<b>0414 244 616</b>	Chair Yoga Instructor
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	Diploma Clinical Hypnotherapy Diploma NLP Practitioner	Holistic Counselling Angelic Reiki Master Teacher
			
<b>Byron Shire</b>	<b>Liga Walters</b>	ligawalters@yahoo.com.au	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling




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Camden	<b>Rachael Thomas</b>	rthomas@cjd.com.au	Meditation Teacher
	<b>Rediscover with Rachael</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0424 022 872</b>	Chair Yoga Instructor  Holistic Counselling
Campbelltown	<b>Cathie Sinclair</b>	cathie.a.sinclair@live.com.au	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor  Holistic Counselling
Campbelltown	<b>Mariette Ennik</b>	kieranandmariette@hotmail.com	Meditation Teacher
	<b>Turnaround Counselling</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0401 424 214</b>	Chair Yoga Instructor  Holistic Counselling
Campbelltown	<b>Sarah Gillett</b>	illuminate.meditation@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0416 006 142</b>	Chair Yoga Instructor  Holistic Counselling




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Campbelltown	<b>Susanne Jones</b>	meditation@exemail.com.au	Meditation Teacher
	<b>The Meditation Space</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>+61 410 453 725</b>  	Chair Yoga Instructor  Holistic Counselling
Castle Hill	<b>Melanie Ferguson</b>	teacher.melanieferguson@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0481 460 663</b>	Chair Yoga Instructor  Holistic Counselling
Casuarina	<b>Nichole O'Connor</b>	findthepeacewithin@gmail.com	Meditation Teacher
	<b>Find the Peace Within</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0438 265 780</b>	Chair Yoga Instructor  Holistic Counselling  Pre-natal Blissful Birthing courses and workshops



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Cronulla	<b>Robyn Parkes</b>	robyparkes@hotmail.com	Certified Holistic Human Development & Mediation Teacher
	<b>@ Biomechanics Healthcare</b>  IMTTA Diploma in Meditation Therapy and Holistic Counselling	<b>(02) 9527 3322</b>  www.robyparkes.ntpages.com.au  Certificate in Meditation for Children  Certificate in Meditation for the Management of Depression and Anxiety  Certificate in Meditation for the Management of Pain and Healing  Certificate in Meditation for Weight Management  Certificate in Autonomic Nervous System Realignment Therapy	Certified Holistic Counselling  Diploma Remedial Massage & Sports Therapies  Weight Management Meditation  Brain Body Medicine  Meditation for management of Anxiety & Depression  Meditation for Healing & Management of Chronic Pain
			
Dee Why	<b>Dawn Whitten</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	dawnart1970@hotmail.com  <b>0413 619 420</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling





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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Hawkesbury, Hills District, Nepean	<b>Kylie Allen</b>	kylie@runwildinnerchild.com.au	Meditation Teacher
	<b>Run Wild Inner Child</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0488 285 003</b>	Chair Yoga Instructor  Holistic Counselling
Horsfield Bay, NSW 2256	<b>Lesley Walshaw</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	lesleywalshaw1@gmail.com	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Illawarra Region	<b>Little Masterminds (Meditation for Children)</b>	amy@littlemasterminds.com.au  <b>0499 550 780</b>	Meditation Teacher Chair Yoga Instructor Holistic Counselling
	IMTTA Advanced Diploma in Meditation Therapy & Holistic Counselling	<a href="http://www.littlemasterminds.com.au">www.littlemasterminds.com.au</a>	
		Postgraduate Certificates in:  Meditation for Children  Prenatal Meditation  Meditation for the Management of Depression & Anxiety  Meditation for Management of Chronic Pain & Healing  Meditation for Women in Transition and Women's Mid-Life Health & Wellbeing  Meditation for Weight Management  Autonomic Nervous System Realignment Therapy  Brain Body Medicine  Certificate in Chair Yoga Instruction	
			



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Inverell	<b>Gina Higgins</b>	gina.divineguidance@gmail.com	Meditation Teacher
	<b>Relax Laugh &amp; Heal</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0457 574 099</b>	Chair Yoga Instructor  Holistic Counselling
Killarney Heights	<b>Louise Schultz</b>	sacredseedreflections@gmail.com	Meditation Teacher
	<b>Sacred Seed Reflections</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0421 909 272</b>	Chair Yoga Instructor  Holistic Counselling
Mid North Coast	<b>Natalie Taylor</b>	nataliejwriter@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0428 202 267</b>	Chair Yoga Instructor  Holistic Counselling
New South Wales	<b>Gabriella Selin</b>	bella@soft.nu	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0450 029 463</b>	Chair Yoga Instructor  Holistic Counselling
Newcastle, Lake Macquarie and surrounding areas	<b>Stacey Gardiner</b>	positiveperceptions@icloud.com	Meditation Teacher
	<b>Positive Perceptions</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0421 137 740</b>  	Chair Yoga Instructor  Holistic Counselling




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
<b>Newcastle/Lake Macquarie NSW</b>	<b>Melle Mathiske</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	melmathiske@gmail.com  <b>0414 996 879</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Sanctuary Point</b>	<b>Tammie Grant</b>  <b>Meditation and Holistic Health Training College</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	info@meditationandholistichealth.com  <b>0419 237 543</b>  www.meditationandholistichealth.com  FB- Meditation and Holistic Health Training College	Certificate Course which includes 3 accredited certificates in - Holistic Counselling, Meditation Teaching and Chair Yoga Instruction
<b>Shellharbour</b>	<b>Shellharbour Holistic Counselling and Therapies</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	shellharbourholistic@mail.com  <b>0423 260 628</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Shoalhaven Area</b>	<b>Karen Woods</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	karenwds@shoal.net.au  <b>0429 644 939</b>	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling
<b>Sutherland Shire</b>	<b>Kim Byron</b>  IMTTA Certificate in Meditation Teaching and Holistic Human Development	kim-byron@hotmail.com  IMTTA Diploma in Meditation Therapy and Holistic Counselling	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling





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Sutherland Shire	<b>Life Balancing Clinic</b>	andjelict@me.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0419 437 044</b>	Chair Yoga Instructor
		Certificate in Meditation Teaching and Holistic Counselling Chair Yoga Instructor	Holistic Counselling
Sydney	<b>Karen Haney</b>	khaney.createandplay@gmail.com	Meditation Teacher
	<b>Create and Play</b>	<b>0411 860 618</b>	Chair Yoga Instructor
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Holistic Counselling
Sydney	<b>Katherine Pinczuk</b>	katherine.pinczuk@gmail.com	Meditation Teacher
	<b>Words &amp; Wellbeing</b>	<b>0418 207 220</b>	Chair Yoga Instructor
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Holistic Counselling
Sydney	<b>Michelly De Almeida</b>	michellya@hotmail.com	Meditation Teacher
	<b>Services for Human Development</b>	<b>0402 174 116</b>	Chair Yoga Instructor
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
<b>Sydney</b>	<b>Sam Petrou</b>	info@sampetrou.com.au	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0488 144 166</b> www.sampetrou.com.au	Chair Yoga Instructor Holistic Counselling
<b>Wagga Wagga</b>	<b>Anavah Mindfulness and Meditation</b>	anavah.mindfulness@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0420 282 695</b> Certificate in Meditation Teaching and Holistic Counselling Chair Yoga Instructor	Chair Yoga Instructor Holistic Counselling
<b>Yamba and surrounds</b>	<b>Colleen Bylos</b>	cbylos@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	<b>0429 454 342</b>	Chair Yoga Instructor
		Certificate in Teaching Meditation for Children	Holistic Counselling
		Certificate IV in Business	Flower Therapy Healer
		Bachelor of Social Welfare	Sekhem Practitioner Level I
	Certificate in Natural Health	Heal Your Life Workshop Leader	