




NSW (NEW SOUTH WALES)

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Barden Ridge and Neutral Bay	Tereza Andjelic	andjelict@me.com	Meditation Teacher
	Golden Feather Sanctuary IMTTA Certificate in Meditation Teaching and Holistic Human Development	0419 437 044	Chair Yoga Instructor Holistic Counselling
Batemans Bay	Sharni Spiers	heart2hearthealing@cheerful.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0415 158 720	Chair Yoga Instructor Holistic Counselling
Bradbury	Leonie Phillips	transpiredmind@gmail.com	Meditation Teacher
	 Transpired Mind - Wellness Clinic IMTTA Certificate in Meditation Teaching and Holistic Human Development	0414 244 616 Diploma Clinical Hypnotherapy Diploma NLP Practitioner	Chair Yoga Instructor Holistic Counselling Angelic Reiki Master Teacher
Byron Shire	Liga Walters	ligawalters@yahoo.com.au	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling




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Camden	Rachael Thomas	rthomas@cjd.com.au	Meditation Teacher
	Rediscover with Rachael IMTTA Certificate in Meditation Teaching and Holistic Human Development	0424 022 872	Chair Yoga Instructor Holistic Counselling
Campbelltown	Cathie Sinclair	cathie.a.sinclair@live.com.au	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling
Campbelltown	Mariette Ennik	kieranandmariette@hotmail.com	Meditation Teacher
	Turnaround Counselling IMTTA Certificate in Meditation Teaching and Holistic Human Development	0401 424 214	Chair Yoga Instructor Holistic Counselling
Campbelltown	Sarah Gillett	illuminate.meditation@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0416 006 142	Chair Yoga Instructor Holistic Counselling




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Campbelltown	Susanne Jones	meditation@exemail.com.au	Meditation Teacher
	 The Meditation Space IMTTA Certificate in Meditation Teaching and Holistic Human Development	+61 410 453 725	Chair Yoga Instructor Holistic Counselling
Casuarina	Nichole O'Connor	findthepeacewithin@gmail.com	Meditation Teacher
	Find the Peace Within IMTTA Certificate in Meditation Teaching and Holistic Human Development	0438 265 780	Chair Yoga Instructor Holistic Counselling
Central Coast	Katrina Watson	kat@focusedforward.com.au	Meditation Teacher
	Focused Forward IMTTA Certificate in Meditation Teaching and Holistic Human Development	1300 997 277	Chair Yoga Instructor Holistic Counselling
Corowa	Fiona Almond	contact@fionaalmond.com	Meditation Teacher
	Fiona Almond IMTTA Certificate in Meditation Teaching and Holistic Human Development	0407 414 676	Chair Yoga Instructor Holistic Counselling



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Cronulla 	Robyn Parkes @ Biomechanics Healthcare IMTTA Diploma in Meditation Therapy and Holistic Counselling	robynparkes@hotmail.com (02) 9527 3322 www.robynparkes.ntpages.com.au Certificate in Meditation for Children Certificate in Meditation for the Management of Depression and Anxiety Certificate in Meditation for the Management of Pain and Healing Certificate in Meditation for Weight Management Certificate in Autonomic Nervous System Realignment Therapy	Certified Holistic Human Development & Mediation Teacher Certified Holistic Counselling Diploma Remedial Massage & Sports Therapies Weight Management Meditation Brain Body Medicine Meditation for management of Anxiety & Depression Meditation for Healing & Management of Chronic Pain
	Hawkesbury Hills District Nepean Kylie Allen Run Wild Inner Child IMTTA Certificate in Meditation Teaching and Holistic Human Development	kylie@runwildinnerchild.com.au 0488 285 003	Meditation Teacher Chair Yoga Instructor Holistic Counselling





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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Hills District Lower Blue Mountains 	Maria Lamari IMTTA Certificate in Meditation Teaching and Holistic Human Development	maria.lamari@inner-voyage.com 0466 720 274	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Horsfield Bay NSW 2256	Lesley Walshaw IMTTA Certificate in Meditation Teaching and Holistic Human Development	lesleywalshaw1@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Hunter Valley, NSW	Michyla Avery IMTTA Certificate in Meditation Teaching and Holistic Human Development	thenaturalanimal@gmail.com 0419 777 742	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Illawarra Region  	Little Masterminds (Meditation for Children) IMTTA Advanced Diploma in Meditation Therapy & Holistic Counselling	amy@littlemasterminds.com.au 0499 550 780 www.littlemasterminds.com.au Postgraduate Certificates in: Meditation for Children Prenatal Meditation Meditation for the Management of Depression & Anxiety Meditation for Management of Chronic Pain & Healing Meditation for Women in Transition and Women's Mid-Life Health & Wellbeing Meditation for Weight Management Autonomic Nervous System Realignment Therapy Brain Body Medicine Certificate in Chair Yoga Instruction	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Inverell	Gina Higgins Relax Laugh & Heal IMTTA Certificate in Meditation Teaching and Holistic Human Development	gina.divineguidance@gmail.com 0457 574 099	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Killarney Heights	Louise Schultz	sacredseedreflections@gmail.com	Meditation Teacher
	Sacred Seed Reflections IMTTA Certificate in Meditation Teaching and Holistic Human Development	0421 909 272	Chair Yoga Instructor Holistic Counselling
Mid North Coast	Natalie Taylor	nataliejwriter@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0428 202 267	Chair Yoga Instructor Holistic Counselling
New South Wales	Gabriella Selin	bella@soft.nu	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0450 029 463	Chair Yoga Instructor Holistic Counselling
Newcastle	Karen Harrison	karen@thehappyco.com.au	Meditation Teacher
	The Happy Co IMTTA Certificate in Meditation Teaching and Holistic Human Development	0417 267 987	Chair Yoga Instructor Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Newcastle & Lake Macquarie 	Sue Brown	suebrown1551@gmail.com	Meditation Teacher
	Mindnasium	0478 118 970	Chair Yoga Instructor Holistic Counselling
Newcastle, Lake Macquarie and surrounding areas 	Stacey Gardiner	positiveperceptions@icloud.com	Meditation Teacher
	Positive Perceptions	0421 137 740	Chair Yoga Instructor Holistic Counselling
Newcastle/Lake Macquarie	Melinda Mathiske	melmathiske@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0414 996 879	Chair Yoga Instructor Holistic Counselling
North Manly	Trudy Biernat	trudy.eleven@gmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0407 771 987	Chair Yoga Instructor Holistic Counselling




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Northern Rivers	Tracey Hatchard	traceyhatchard@bigpond.com	Meditation Teacher
	Diamond Dimensions IMTTA Certificate in Meditation Teaching and Holistic Human Development	0488 525 131	Chair Yoga Instructor Holistic Counselling
Shoalhaven Area	Karen Woods	karenwds@shoal.net.au	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	0429 644 939	Chair Yoga Instructor Holistic Counselling
Sutherland Shire	Kim Byron	kim-byron@hotmail.com	Meditation Teacher
	IMTTA Certificate in Meditation Teaching and Holistic Human Development	IMTTA Diploma in Meditation Therapy and Holistic Counselling	Chair Yoga Instructor Holistic Counselling
Sydney	Karen Haney	khaney.createandplay@gmail.com	Meditation Teacher
	Create and Play IMTTA Certificate in Meditation Teaching and Holistic Human Development	0411 860 618	Chair Yoga Instructor Holistic Counselling




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Sydney	 <p>Katherine Pinczuk</p> <p>Words & Wellbeing</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>katherine.pinczuk@gmail.com</p> <p>0418 207 220</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Sydney	<p>Leah Clark</p> <p>HEART Centred Counselling & Healing</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>heartcentredhealing5@gmail.com</p> <p>0487 232 350</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Sydney	<p>Michelly De Almeida</p> <p>Services for Human Development</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>michellya@hotmail.com</p> <p>0402 174 116</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Sydney	Sam Petrou IMTTA Certificate in Meditation Teaching and Holistic Human Development	info@sampetrou.com.au 0488 144 166 www.sampetrou.com.au	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	 Uma Panchapakesan i.BeyondBliss Holistic Wellness Studio IMTTA Certificate in Meditation Teaching and Holistic Human Development	i.beyondbliss@gmail.com 0452 600 633	Meditation Teacher Chair Yoga Instructor Holistic Counselling Life & Corporate Coach
Taree	 Peter Castle IMTTA Certificate in Meditation Teaching and Holistic Human Development	peter@inner-voyage.com 0418 455 013	Meditation Teacher Chair Yoga Instructor Holistic Counselling Tai Chi
Teloepa	Rachael Burns IMTTA Certificate in Meditation Teaching and Holistic Human Development	rachaelburns8@gmail.com 0416 472 884	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Wagga Wagga	Anavah Mindfulness and Meditation IMTTA Certificate in Meditation Teaching and Holistic Human Development	anavah.mindfulness@gmail.com 0420 282 695 Certificate in Meditation Teaching and Holistic Counselling Chair Yoga Instructor	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Wodonga Area	 Gina-Louise Angel Awareness IMTTA Certificate in Meditation Teaching and Holistic Human Development	angelawareness@outlook.com 0428 761 831 www.facebook.com/Holistic.Connection	Meditation Teacher Chair Yoga Instructor Holistic Counselling Certified Angel Intuitive Certified Angel Card Reader & Realm Reader Certified Flower Therapy Healer Usui / Holy Fire Reiki Second Degree Healer
Yamba and surrounds	Colleen Bylos IMTTA Certificate in Meditation Teaching and Holistic Human Development	cbylos@hotmail.com 0429 454 342 Certificate in Teaching Meditation for Children Certificate IV in Business Bachelor of Social Welfare Certificate in Natural Health	Meditation Teacher Chair Yoga Instructor Holistic Counselling Flower Therapy Healer Sekhem Practitioner Level I Heal Your Life Workshop Leader



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